

## AUGUST 2025



### NOTES FROM COMMANDER HAL DULLE

Post Five is in the process of ending another year since our new officers will be installed at the August meeting for the 2025-26 year. As most of you know, I will be serving again as your Commander and most of our officers will continue in their positions for the upcoming year.

I want to thank all those who have attended and/or worked on the many activities that we had this past year. A huge kudo to our Business Management Committee headed by Gary Kempker for overseeing the everyday operations of our facility. Also, the same kudo to our Club Manager, Kelly Perez for keeping us going and working on new endeavors to keep our post viable and in the black.

Of course, I must recognize our Ole Jarhead, Ted Sigite, for keeping our kitchen going and providing us with the best food money can buy. He couldn't do it with the many volunteers who helped him. I hope to recognize them and others at our Installation next month. There are so many that need to be thanked, and I hope to do so over the next few months.

Our last year's Legionnaire of the Year, Cecil Goodin was named Department Legion Rider of the Year at the state convention held in Cape Girardeau last week. Cecil was all smiles and simply told us that he loves to ride his bike and help veterans. I wish there were more like him to help our Post 5 prosper and grow. Also, at the State Convention we received another award for being the largest post in the State. My only regret is we did not get to 100% and I think our Adjutant told me we ended the year at 95%. We can get there this year if you would only ask your veteran friends if they are members of our Post and if not, please ask them to sign up to support our programs helping veterans and our community's youth. If you read the local paper, you will note that the baseball teams we sponsor are all having successful years and are advancing in the Legion Annual Tournaments. GO POST 5 BASEBALL!

I hope for a good turnout at the August 19th Installation Dinner. It's potluck so come on out and bring a side dish or dessert and enjoy the festivities and fellowship.

Hal Dulle, Commander Post 5

### 2<sup>nd</sup> Vice Commander Ken Gullede,

Our Historian has requested that anyone that have pictures taken during Post events, or any veteran activity to please send to his email. [gullede.ken@gmail.com](mailto:gullede.ken@gmail.com)

A tote will be set up in the Post Bar to collect school supplies for disadvantaged youth. Please take advantage of the many back-to-school sales to help us 'fill the tote' and provide supplies for local schools.

Our Unit will host Bingo at the Truman VA Community Learning Center on Saturday September 6 and again October 4, if you'd like to volunteer to assist, please contact me.

### UPCOMING EVENTS:

**Post 5 Bar-B-Que...** August 9th, 11:00 am until sold out @ Schultes parking lot.

**Installation Dinner...** August 19<sup>th</sup> -, social hour at 5:30 PM and Dinner at 6:30 PM. Bring a side dish or dessert.



### NOTES FROM AUXILIARY UNIT 5 PRESIDENT ESTHER ROSNER

Our unit hosted the Monticello Society Chapter – Children of the American Revolution at the Post to 'meet a veteran', learn about the poppy history and craft poppy cards for veterans in their lives.

Auxiliarists Connie Pack and Dorothy Goodin prepared cards for the children to craft and provided them with a copy of "In Flanders Field" to take home while Post Second Vice Commander Ken Gullede shared his service experience. It was a fun, informative afternoon. Many Auxiliary members attended the American Legion Department Convention in Cape Girardeau: President Esther Rosner, Vice President Cindy Lambert, District 8 President Dorothy Goodin, Connie Pack, Claudia Goodin, Samantha Reeves, Nancy Reeves and incoming First Vice President Lindy Picray. This was a great opportunity to hear about new initiatives, hear keynote speakers and congratulate the incoming ALA Board. We were able to network with fellow Auxiliary members from across the state and a few members took a field trip to "Trail of Tears State Park" making for a fun weekend.

At the Convention our Unit was recognized for Best Unit Report – "National Security Program" and chapter Americanism Chair Paula Harmon will present recipient Addison Wilson with a certificate and monetary award for her winning "Class 2, grades 5-6" Americanism Essay.

The Missouri Girls and Boys State Governors brought greetings to the Convention and discussed their experience. Our Unit was able to sponsor 22 of the 735 Girls State attendees.

At our July Unit meeting we had three young ladies talk about what they learned, and the friendships formed. The keynote speaker most lauded was Barbara Pierce Bush. Many of the sponsored delegates sent warm notes of thanks for the opportunity to attend MGS.

Our Unit is once again providing cookies for the MHP – B.R.A.K.E.S. driving academy for area youth. We're always glad to support the Missouri Highway Patrol and our community.

Our Unit will participate in an August "Poker Walk" at the Mexico Veterans Home providing an opportunity to bring gifts and greetings to fifty residents.

<<<<< (See additional note)

I can be reached at 573-230-1086 if I can answer any questions or be of assistance.

Esther Rosner, ALA President



## NOTES FROM SONS OF THE AMERICAN LEGION COMMANDER, CHRIS ALTHEUSER

The SAL is currently having a gun raffle, tickets are \$5 per ticket or 5 for \$20 and can be purchased at the bar or talk to a SAL member. Drawing will be held on the first sat in October at our mouse race. The Legion is looking for a Wednesday night, chicken wing cook crew if we have any members interested in helping, please talk to Kelly. SAL 2026 dues are being raised to \$30 a year, we appreciate the support I invite all SAL members to join us at our monthly meetings which are the first Tuesday of each month. Meetings start @7 pm  
Chris Altheuser, Commander, Squadron 5



Please keep all our Legion Family  
in your prayers.



Please welcome our new members!

Joshua Crump, USMC  
Delbert Evers, USA

**VETERANS COFFEE, DONUTS, & CONVERSATION**  
Come out August 21 at 8:30 for Veterans Coffee. This is an informal event to gather veterans to discuss whatever is on your mind. Special guests may be in attendance.

The annual installation of officers will be held on Tuesday, August 20th, at the Post. Please bring a covered dish and/or dessert and join us for dinner and the installation ceremony.

### Upcoming Dates of Importance

August 7th Purple Heart Day

August 7th to 17th Missouri State Fair. Veterans Day is the 10th. You get in free with proof of being a Veteran.

August 14th to 20th American Legion Baseball World Series in Shelby, NC

August 17th to 21 National American Legion Legacy Run.

August 22nd to 28th National Convention, Tampa, Fl.

### Notes from the Business Management Committee,

The Business Management Committee (BMC) met on 07/7/2025. We are always looking for volunteers. **We are short a wing night crew for the second Wednesday of the month. If you are interested, please let Kelly or one of the BMC members know.** We are still looking to hire an assistant cook for our kitchen. Please contact Kelly Perez if you are interested. This month August 17th Gary B & the Kools, will be playing in the hall from 2 to 5pm. We have Taco Tuesday from 5 to 7 pm, except the 3rd Tuesday of each month and Wing Night from 5 to 7pm with karaoke/music every week. If you would like to schedule an event at Post 5, please contact our Club Manager, Kelly Perez. (573) 636-2311 ----- If you are interested in receiving the newsletter via email, send me a message to opt you in. The choices are email only or email and paper copy. Send an email to Post5@mchsi.com  
Follow all events on Facebook – [www.post5.com](http://www.post5.com) - call 573-636-2311 - email post5ha@mchsi.com



## Notes from Adjutant Rick Derks Important note... if you haven't renewed your membership for 2025 you are

**delinquent.** Membership renewals for 2025 are ongoing. If you haven't renewed please submit your dues soon. Encourage eligible Veterans or active-duty personnel to join our Post—the largest and most active in Missouri. Members are invited to attend monthly meetings and contribute ideas for Post operations. **Our next meeting is August 19th.**

See you at the Post! Rick Derks, Adjutant



## NOTES FROM LEGION RIDERS DIRECTOR DAVID NEIGHBORS

We are definitely in the dog days of summer, or for some of us the HOG days. With all of this rain brings in humidity with the heat of summer. That will be the quickest way to raise the heat index and make it easy to overheat. Make sure you know the signs of heat exhaustion and heat stroke. Early intervention is the best way to prevent them. The symptoms can come on slowly or progress quickly. Symptoms include cool moist skin with goose bumps, heavy sweating, feeling faint or dizzy, weak, muscle cramps, nausea or headaches. Heat stroke will have warm dry skin or feel hot, nausea and vomiting, flushed skin, rapid breathing, racing heart rate. If this happens get to a cool shady area or indoors, and cool the body with water, shower or a hose. Wet towels to the head neck and arm pits. It's not only important to watch for these symptoms in ourselves, but others around us. Not just while riding, but even around the house doing yard work or gardening.

Don't forget about the poker run coming up on September the 6th open to all that want to join in the fun. Not only Legion members but the public are welcome. Cars trucks or hot rods are encouraged to join the 2 and 3 wheeled riders. If you have donations, get those to Paula Harmon, as soon as possible. Let's make this our best poker run yet. If anyone needs flyers let one of your executive board members know and we can get you some. Get them out anywhere you visit.

Reminder, we have an election at the next monthly riders meeting. And installment dinner, at the Post meeting in August. Everyone is invited to come for dinner and installation of your officers.

Your Director, David Neighbors

# AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Club open 1-12am Seafood & Fried Chicken dinner 5:30-7pm Silver Wings	<b>2</b> Club open 1-8pm
<b>3</b> Club open 1-8pm Nascar	<b>4</b> Club open 1-10pm Club 5 drawing 7pm	<b>5</b> Club open 1-10pm SAL 7pm Taco Tuesday 5-7pm	<b>6</b> Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	<b>7</b> Club open 1-10pm ALR 6pm	<b>8</b> Club open 1-12am Seafood & Fried Chicken dinner 5:30-7pm Second Wind	<b>9</b> Club open 1-8pm Legion BBQ 11am Schulte's Lot
<b>10</b> Club open 1-8pm Nascar	<b>11</b> Club open 1-10pm Club 5 drawing 7pm	<b>12</b> Club open 1-10pm Executive meeting Taco Tuesday 5-7pm Trio 5-7pm	<b>13</b> Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	<b>14</b> Club open 1-10pm 40/8	<b>15</b> Club open 1-12am Seafood & Fried Chicken dinner 5:30-7pm Todd Large	<b>16</b> Club open 1-8pm
<b>17</b> Club open 1-8pm Gary B & the Kools 2-5pm	<b>18</b> Club open 1-10pm Club 5 drawing 7pm	<b>19</b> Club open 1-10pm Post & Auxiliary meetings 6:30pm	<b>20</b> Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	<b>21</b> Club open 1-10pm Veteran's Coffee 8:30am Ladies Night with Kit & Ken 6-8pm	<b>22</b> Club open 1-12am Seafood & Fried Chicken dinner 5:30-7pm Country plus	<b>23</b> Club open 1-8pm Rich Westmill & the Leghounds 5-7pm
<b>24</b> Club open 1-8pm	<b>25</b> Club open 1-10pm Club 5 drawing 7pm	<b>26</b> Club open 1-10pm Executive meeting Taco Tuesday 5-7pm Faith Ann Meyer 6-8pm	<b>27</b> Club open 1-10pm Wing night 5-7pm	<b>28</b> Club open 1-10pm Lauren's Bar party 6-9pm!!	<b>29</b> Club open 1-12am Seafood & Fried Chicken dinner 5:30-7pm Gary B & the Kools	<b>30</b> Club open 1-8pm
<b>31</b> Club open 1-8pm Nascar						



# August Events

## August 9th Post BBQ

11am Schultes parking lot

## August 17th Gary B & the Kools

2-5pm in the main hall

## August 21st Veteran's Coffee & Donuts 8:30am

## August 21st Ladies Night

Kit & Ken playing 6-8pm

## August 23rd

Rich Westmill & the Leghounds 5-7pm in the club room

## Taco Tuesday

Every Tuesday night 5-7pm  
(except Post meeting night!)

\*Trio playing Aug 12th

\*Faith Meyer playing Aug 26th

## Wednesday Nights

Wings Served 5-7pm

Karaoke on

August 6th, 13th, 20th

## Seafood and Fried Chicken Dinner

Every Friday night 5:30-7:30pm  
live music after \$10 cover

