

MARCH 2025



NOTES FROM COMMANDER HAL DULLE

Post 5 continues with a multitude of activities, despite the bitter cold and snow lately. We had to close one day this week for safety reasons. Beyond

that we continue to develop new activities to attract members and the public to participate.

Spring is around the corner which means American Legion Baseball will be starting with, I believe, three teams. If that's not right let us know. An annual event, the Legion Baseball Banquet, will be conducted by Post 5 this year. We are in the planning process and will let you know more next month. Also, the annual Navy Ship Club Chili Cookoff normally held in February will be re-organized within the Post and be held again. Soon, I hope.

Membership is always a challenge this time of year. We have discussed this and are making an overt effort to contact those members who have not renewed, thus far this year, to see why.

If you know of someone who qualifies for membership (if you've served one day of active military duty since December 7, 1941, and were honorably discharged or still serve honorably, you're eligible for membership) encourage them to consider joining us. Remember, it's all about the veteran. We spend almost all of our resources and time, supporting and funding veteran's programs in our community. Next month is our Birthday Party and we will have a potluck dinner. I have always encouraged potluck dinners and really look forward to the amazing food our members bring to share. I hope we have enough deviled eggs at the birthday party so everyone who enjoys them will get one (or two).

Finally, I am always grateful to those members who keep stepping up to support the work of our post and those who have accepted leadership positions to keep us in the black and growing.

Hal Dulle, Post 5 Commander

2nd Vice Commander Ken Gulledge,

Our Historian has requested that anyone that have pictures taken during Post events, or any veteran activity to please send to his email.

gulledge.ken@gmail.com

ATTENTION!

Past Commander, Gary Kempker, would like to reach out to our Past Commanders regarding what their preferences would be regarding meeting times, topics, and current activities. If you have input please contact Gary at 573-690-3439.

UPCOMING EVENTS:

Pork Tenderloin Dinner – March 11th, 5 to 7 PM

Gary B & the Kools – Feb. 16th, 2 to 5 PM

Post Birthday Party – March 18th, 5:30 Happy Hour, Dinner at 6:30. Potluck!! Please bring a side or dessert.

Suicide Prevention Training - March 29th, 12:00-1:30, free lunch!



NOTES FROM AUXILIARY UNIT 5 PRESIDENT ESTHER ROSNER

We are pleased to report that **twenty-two** applications were received for **Missouri Girls State**, and the future looks bright! Each young lady submitted an essay with her application and with the support of the Post and community we should be able to send **each** applicant to Girls State! Thank you to Amanda Adams, Cindy Lambert and the committee for procuring and reviewing the applications.

Thank you to the diners, donors, shoppers and volunteers who made our annual **ALA Country Store and BBQ** a success. We appreciate your support of this event; the funds raised will support Veteran Initiatives. Thank you to Debbie Alderson, Dorothy Goodin and the many volunteers for the hard work.

The inclement weather forced us to reschedule our **Truman VA Fisher House** guest dinner to **March 12th**, if you'd like to volunteer to assist, please contact me.

Please join us at the "**Rock the Rotunda Rally**" event on **March 11th at 8:00 a.m.** to learn more about MAVO Legislative items and visit with our Representatives.

Our **March 18th** meeting will be the **Post Birthday** dinner. Please bring a side dish or dessert and plan to enjoy a wonderful dinner; meat and potatoes will be provided by the Post.

We've been invited to assist with a District Court **Naturalization ceremony** on March 28th. Volunteers are welcome as we provide flags, pledge of allegiance cards, cookies and beverages to the many new citizens.

We still have a few members with outstanding annual Auxiliary dues (\$48), please send your payment to ALA 1423 Tanner Bridge Road JC MO 65109. Thank you!

We look forward to seeing you at the **Post Birthday dinner** [social at 5:30 p.m. with dinner at 6:00 p.m.] on March 18th.

I can be reached at 573-230-1086 if I can answer any questions or be of assistance.

Thank you, Esther Rosner, Unit 5 President



NOTES FROM SONS OF THE AMERICAN LEGION COMMANDER, CHRIS ALTHEUSER

If you haven't paid your 2025 Dues, please mail them on or drop off at the post. SAL dues are \$25, you should have a white keycard if you are current. Also, I would like to remind all SAL members that our meetings are on the first Tuesday of each month. Meets start @7 Hope to see you soon at the post. Chris Altheuser, Commander Squadron 5



NOTES FROM POST 5 ADJUTANT RICK DERKS

Important note... if you haven't renewed your membership for 2025 you are PAST DUE. So far, we have 1,003 members who have renewed, which is 83% of our goal. **Our new member promotion is still going, pay your first year and your second year is paid by Post 5.** If you know a Veteran or someone still on active duty that is not a member, please encourage them to join and become a member of the Largest and Most Active Post in Missouri.

See you at the Post! Rick Derks, Adjutant

Notes from the Business Management Committee,

The following have been elected as BMC officers for the remaining 2024-2025 year: Chairman, Gary Kempker; Vice Chairman, Paul Booth; Secretary, Rick Derks.

ATTENTION PORK TENDERLIN LOVERS: Post 5 again will be serving Pork Tenderloin dinners and sandwiches on Tuesday, March 11th. Taco Tuesday's will resume in April.

Show me the Cash is back? March 20th starts at 6:30 PM. Food will be available behind the bar.

This is NEW!!! Line Dancing!! Class starts at 4pm in the main hall, Hosted by Debbie & Larry Alderson. Come on out for a good time.

We are interested in hiring an assistant cook for our kitchen. Please contact Kelly Perez or one of the members of the BMC if you or someone you know is interested.

The Banquet Hall, Annex, or Sun Porch are available to you for parties, just contact our Club Manager, Kelly Perez at (573) 636-2311 for details.

Kindness, though typically considered to be a weakness, is actually a strength. It is much more challenging to hold your tongue and speak positively toward others, especially those who have wronged you or mistreated you. Being kind is more challenging and more honorable.
Rick Derks, BMC Member

Electronic Newsletter

If you are interested in receiving the newsletter via email, send me a message to opt you in. The choices are email only or email and paper copy. Send an email to Post5@mchsi.com

FOLLOW ALL
EVENTS ON...

www.post5.com



We are now Instagram!

or

call 573-636-2311 - email post5ha@mchsi.com



NOTES FROM LEGION RIDERS DIRECTOR DAVID NEIGHBORS

Well, we are getting closer to the inaugural Chapter 5 Comedy night. It's crunch time, we need to get those tickets sold. This is open to all Legion members as well as the public. Invite your friends, neighbors or coworkers, and maybe will get some new members too. Plus, there is a one in two hundred chance of a thousand-dollar door prize. Also, don't forget about our booze box fund raiser that is going on at the same time. We did get volunteers to sit at the Auxiliary's country store and sell tickets. This was successful, thank you to Cecil, TJ and Misty. So, if anyone would want to sell tickets on a Friday night, this may get some people in the loop of the possibilities of a fun entertaining night at the American Legion.

Hopefully, these artic blasts are in our mirrors and we start getting warmer weather. Which means time to get those bikes washed and ready to ride. I have been talking with our ride captain Eric about some amazing rides for this summer. I know there have been some rides that people have asked to do again. Well, we are in the process of one for sure, that was a big success the first time. Remember to write down your odometer readings and email it to Vince, or bring it to the meeting. Let's see how many miles we can ride.

Riders Director, David Neighbors



TAPS

Robert Werdehausen (January 2025)

Please keep all our Legion Family in your prayers.

Please welcome our new & transferred members!



Jason Bernard, USA
Bruce Doyle, USA

Beware: Claims predators want to prey on your benefits

Veteran Benefits Administration (VBA) launched a communications campaign to address the topic of "claims predators", which are defined as "bad actors" that try to unlawfully charge Veterans a fee to "help" them process their claims with the VA.

VA urges Veterans to only use VA accredited attorneys, claims agents and Veterans Service Organization representatives when filing for benefits to protect their benefits and avoid unlawful fees. For more info go to www.vsafe.gov or call 833.388.7233.

March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 club open 1-8pm \$2 off beer buckets
2 club open 1-8pm Nascar 2:30pm all day happy hour	3 club open 1-10pm Club 5 drawing 7pm	4 club open 1-10pm SAL 7pm	5 club open 1-10pm Wing night 5-7pm Karaoke 7-10	6 club open 1-10pm ALR 6pm	7 Fish Fry Lunch 11am-1pm Seafood & Fried Chicken dinner 5:30-7pm Silver Wings	8 club open 1-8pm \$2 off beer buckets
9 club open 1-8pm Nascar 2:30pm all day happy hour	10 club open 1-10pm Club 5 drawing 7pm	11 club open 1-10pm Executive meeting Pork Tenderloin Dinner & Trio 5-7pm	12 club open 1-10pm Wing night 5-7pm	13 club open 1-10pm 40/8	14 Fish Fry Lunch 11am-1pm Seafood & Fried Chicken Dinner 5:30-7pm Roadhouse	15 club open 1-8pm \$2 off beer buckets
16 club open 1-8pm Nascar 2:30pm all day happy hour	17 club open 1-10pm Club 5 drawing 7pm St Patty's Day!!	18 club open 1-10pm Post birthday celebration 6:30pm	19 club open 1-10pm Wing night 5-7pm	20 club open 1-10pm Show me the cash 6:30pm	21 Fish Fry Lunch 11am-1pm Seafood & Fried Chicken dinner 5:30-7pm Double Trouble	22 club open 1-8pm ALR Comedy Night 5:30pm
23 club open 1-8pm Nascar 2:00pm line dancing in the main hall 4pm	24 club open 1-10pm Club 5 drawing 7pm	25 club open 1-10pm	26 club open 1-10pm Wing night 5-7pm	27 club open 1-10pm	28 Fish Fry Lunch 11am-1pm Seafood & Fried Chicken dinner 5:30-7pm Country Plus	29 club open 1-8pm Suicide Prevention Training 11:30am
30 club open 1-8pm Nascar 2:00pm all day happy hour	31 club open 1-10pm Club 5 drawing 7pm					



March **EVENTS**

March 11th- Pork Tenderloin Dinner 5-7pm

adults \$15 - kids \$6 - Sandwich \$12
TRIO playing in the main hall

March 20th- Show me the Cash

6:30pm in the club room
*food available behind the bar

March 22nd- ALR Comedy Night

Main Guest- Bryce Stanley
Doors open at 5:30pm
show starts at 7pm

March 23rd- Line dancing

Class starts at 4pm in the main hall
Hosted by Debbie & Larry Alderson

March 29th- suicide Prevention Training

Doors open at 11:30
Class starts at noon
Hot dogs and Chili to follow

Every Friday- Fish Fry Lunch 11am-1pm

Fried fish, fries, Legion slaw, cornbread and dessert \$13

Wing Night

Every Wednesday Night 5-7pm
Karaoke on March 5th





Free Lunch and Learn

Topic: Suicide Prevention

In 2022, Missouri's Veteran suicide rate was significantly higher than the national Veteran suicide rate.

American Legion Post 5 has partnered with the Missouri Veterans Suicide Prevention Team to provide *Question, Persuade, Refer (QPR)* suicide prevention training.

Participants will learn to:

- recognize the warning signs of suicide
- how to offer hope
- connect people to care

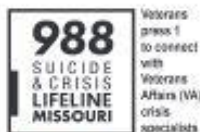
When: March 29, 2025 | 12:00-1:30pm (*Doors Open 11:30am*)

Where: American Legion Post 5

1423 Tanner Bridge Rd, Jefferson City, MO 65101

Lunch will be provided but seating is limited, you must register by March 24 to attend. To register, call 573-636-2311.

If you or someone you know is in crisis
call or text the 988 Suicide & Crisis Lifeline



We can all help prevent suicide

**AMERICAN LEGION RIDERS
CHAPTER 5**

**COMEDY
NIGHT**



EMCEE KENNY G

MAIN GUEST

BRYCE STANLEY

MARCH

22ND



\$40/COUPLE

**5:30PM HAPPY HOUR &
APPETIZERS**

7PM SHOW TIME

TICKETS SOLD AT BAR

**SILENT AUCTION WITH \$1,000 CASH PRIZE
50/50 RAFFLE & BOOZE BOX RAFFLE**

1423 TANNER BRIDGE RD

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