

FEBRUARY 2025



**NOTES FROM
COMMANDER HAL DULLE**

February is full of activities at the Post. As some of you know, Helen Barnett visited a regular meeting several months ago to talk about the Quilts of Valor Foundation. The mission of the Foundation is to cover veterans and service members with comforting and healing Quilts of Valor. Many of our members filled out applications at the meeting and consequently, the Foundation has been working to make the Quilts of Valor for us. I talked with Helen today and they are working to finish up the quilts for those who have applied for one.

Helen says that the weather and holidays have put them behind finishing all of the quilts but are hopeful to have ready soon. If you are interested in having a hand-made patriotic quilt, give Helen a call at (573)353-1041.

THE SQUEAKY WHEEL GETS THE GREASE!!!

The Missouri Legislature is back in session. As a result, we veterans have an opportunity to support legislation that will have a positive impact on us. But none of the veteran bills will pass without our vocal and written support!! We, by our involvement, will provide the GREASE. On Tuesday, March 11, 2025, we will gather at the Capitol Rotunda at 0800 to make our voices heard. MAVO (Missouri Association of Veterans Organizations) will hold a “Rock the Rotunda Rally”. We will visit with leadership and our representatives to promote four issues that will benefit veterans. 1) Fully fund the Missouri Veterans Commission, 2) Stop Claim sharks from praying on veterans when filing for benefits by charging large fees. Increase funding for our Veterans Service Officer Program. The Legion and other service organizations have fully accredited VSOs to file VA Claims AT NO COST TO YOU. YOU KEEP 100% OF THE BENEFITS YOU ARE AWARDED BY THE VA. 3) Enhance real and personal property tax exemptions for 100% disabled veterans, and 4) Allocate 10% of Gaming to fund The Veterans Commission.

Let’s get involved and help our fellow veterans.

Hal Dulle, Post 5 Commander

2nd Vice Commander Ken Gullede,

And our Historian has requested that anyone that have pictures taken during Post events, or any veteran activity to please send to his email.

gullede.ken@gmail.com

UPCOMING EVENTS:

- Superbowl Party** – Feb. 9th, starts 4 PM
- Pork Tenderloin Dinner** – Feb. 11th, 5 to 7 PM
- Auxiliary BBQ & Country Store** – Feb. 15th, 10:30 AM
- Daytona 500 watch party** – Feb. 16, 12:30 AM
- Gary B & the Kools** – Feb. 16th, 2 to 5 PM
- Cornhole Tourney** – Feb. 22nd, starts 2 PM
- ALR State meeting** – March 1st, Post 152, Ashland, 8:00 AM
- Spring Dept. Executive Committee meeting** – March 1st, Post 152, Ashland, 11:00 AM



**NOTES FROM AUXILIARY UNIT 5
PRESIDENT ESTHER ROSNER**

We have started the new year off with a bang!! The District Eight meeting was held at the Post with the Oratorical contest. This is a great opportunity for students to get some experience speaking in front of a group and accrue some scholarship funds. If you have a student in your family, I’m glad to provide info on the next contest.

Missouri Girls State applications are being accepted, and we will review applications on Saturday, February 8 from 1-3 in the Annex.

Please support our annual ALA Country Store and BBQ on Saturday, February 15th from 11 a.m. – 2 p.m. If you have items to donate for the country store, Dorothy Goodin will be glad to meet you to pick them up (573-353-7651). We will have home canned items including jelly, jams, beets, crafts and decorator items. It’s never too early to restock your pantry or replenish your gift closet. We appreciate your support of the Auxiliary as we raise funds for Veterans Initiatives.

We will prepare and serve dinner at the Truman VA Fisher House guests on February 19th.

Please join us at the “Rock the Rotunda Rally” event on March 11th at 8:00 a.m. to learn more about MAVO Legislative items and visit with our Representatives.

We still have a few members with outstanding annual Auxiliary dues (\$48), please send your payment to ALA 1423 Tanner Bridge Road JC MO 65109. Thank you!

We encourage you to attend our next meeting at 6:30 p.m. on February 18th in the Post Annex.

I can be reached at 573-230-1086 if I can answer any questions or be of assistance.

Thank you, Esther Rosner, Unit 5 President



**NOTES FROM
SONS OF THE AMERICAN LEGION
COMMANDER, CHRIS ALTHEUSER**

I would like to remind all SAL members that our meetings are the first Tuesday of each month. Meets start @7. Hope to see you soon at the Post. Chris Altheuser, Commander Squadron 5



NOTES FROM POST 5 ADJUTANT RICK DERKS

Important note... if you haven't renewed your membership for 2025 you are PAST DUE. So far, we have 968 members who have renewed, which is 80% of our goal. Our new member promotion is still going, **pay first year and second year is paid by Post 5.** If you know a Veteran or someone still on active duty that is not a member, please encourage them to join and become a member of the Largest and Most Active Post in Missouri. See you at the Post! Rick Derks, Adjutant

Notes from the Business Management Committee,

Congratulations to Tim Bock, elected to the BMC replacing Jim Mead. I want to thank Jim for everything that he has done and will continue to do for OUR Post.

ATTENTION PORK TENDERLIN LOVERS: Post 5 will be serving Pork Tenderloin dinners and sandwiches on the second Tuesday in February and March. Taco Tuesday's will resume in April.

Thank you to everyone for coming out to Show Me the Cash in January. Great night and very well attended.

We have a cornhole Tournament on February 22nd, starting around 2 PM in the main hall. Thanks to Tim Bock for putting the event on.

We are interested in hiring an assistant cook for our kitchen. Please contact Kelly Perez or one of the members of the BMC if you or someone you know is interested.

Thanks to all who came out for the Post Clean-up in January. Although not well attended, we did have some very energetic participants.

Something I often need to remind myself of and seems that others do too; Is to Be Kind to one another. You don't deserve to be treated disrespectfully by other members, or our staff and our staff don't deserve to be treated this way either. Please be kind! Rick Derks, BMC Member

If you would like to schedule an event at Post 5, please contact our Club Manager, Kelly Perez.

Electronic Newsletter

If you are interested in receiving the newsletter via email, send me a message to opt you in. The choices are email only or email and paper copy. Send an email to Post5@mchsi.com

FOLLOW ALL
EVENTS ON...



www.post5.com

We are now Instagram!

or

call 573-636-2311 - email post5ha@mchsi.com



**NOTES FROM LEGION RIDERS
DIRECTOR DAVID NEIGHBORS**

I was just recently given a new diagnosis, PMS, parked motorcycle syndrome. I'm sure many of you have similar diagnosis. Symptoms are seeing your motorcycle parked and unable to get out and ride. Constantly checking the thermometer, to see if it is getting warmer. Restless nights dreaming about the wind blowing in your hair (for those who still have some), feeling the warm sun on your face, and all your worries drifting away. Sorry for those of you who just realized that you have PMS too.

Since we are not able to get out and ride, use this time to look over your bike. Check tires, lights, cables, oil, controls, brakes and chassis. Look for loose bolts or nuts. Use this time to get to know your bike a little better. So, you say you're not a mechanic, "I don't know how to do any work on my bike." Well, there is some great information out there on the internet or even in your owners' manual. Learn how to check the oil, tire tread depth, do you brake lights work, turn signals, and even check your tire pressure. You don't have to pull your motor and do a stage upgrade to do some minor evaluations.

Remember we have a couple fund raisers going on right now. We need donations for our cooler, we have raffle tickets for sale that will be drawn at our comedy night. With that being said, we are running out of time, so get out and tell your friends and family to buy tickets for the comedy night and the cooler. You can get Comedy night tickets from Luke, and Bob has Cooler tickets. Anyone who has not turned in a chapter challenge book it's not too late to get a chapter challenge patch. We will be giving the patches out at the next meeting and announcing our rider of the year. Also, write down your odometer reading and turn into Assistant Director Vince. Once again, I want to thank all of you for your support.

Director David Neighbors

TAPS



**Dennis Boss (June 2024)
Donald Matthews (March 2024)
Lynn Shaffer (December 2024)**

Please keep all our Legion Family in your prayers.

Please welcome our new & transferred members!



**Willis Doss, Jr, USAF
Antonia Chester, USN
Bruce Doyel, USA**

**Charles Harwood Allan R Gaydos, USA
Robert Farnam, USN Roy Viessmann, USMC**

February 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Club open 1-8pm
2 Club open 1-8pm	3 Club open 1-10pm Club 5 drawing 7pm	4 Club open 1-10pm SAL 7pm	5 Club open 1-10pm Wing night 5-7pm	6 Club open 1-10pm ALR 6pm	7 Club open 1-12am Seafood & Fried chicken dinner 5:30-7pm Silver Wings	8 Club open 1-8pm
9 Club open 1-8pm Superbowl party 4pm	10 Club open 1-10pm Club 5 drawing 7pm	11 Club open 1-10pm Executive meeting Pork Tenderloin Dinner & Trio 5-7pm	12 Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	13 Club open 1-10pm 40/8	14 Club open 1-12am Seafood & Fried chicken dinner 5:30-7pm Second Wind	15 Club open 1-8pm Auxiliary BBQ & Country Store 10:30-sold out
16 Club open 1-8pm Daytona 500 1:30pm Gary B & the Kools 2-5pm	17 Club open 1-10pm Club 5 drawing 7pm	18 Club open 1-10pm Post & Auxiliary meetings 6:30pm	19 Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	20 Club open 1-10pm	21 Club open 1-12am Seafood & Fried chicken dinner 5:30-7pm Double Trouble	22 Club open 1-8pm Cornhole Tournament 2pm
23 Club open 1-8pm Nascar at 2pm	24 Club open 1-10pm Club 5 drawing 7pm	25 Club open 1-10pm	26 Club open 1-10pm Wing night 5-7pm Karaoke 7-10pm	27 Club open 1-10pm	28 Club open 1-12am Seafood & Fried chicken dinner 5:30-7pm Second Wind	

FEBRUARY EVENTS

Feb 9th: Superbowl Party

starts at 4pm -potluck style snacks
\$10 football squares
KC Chiefs stone raffle \$5/ticket
50/50 raffle

Feb 11th: Pork Tenderloin Dinner

Served 5-7pm
Adults \$15 Children \$6 Sandwich \$12

Feb 15th: Auxiliary BBQ & Country Store

In the main hall from 10:30am- sold out

Feb 16th: Daytona 500 watch party

Starts at 12:30am
potluck style snacks
all day happy hour on beers and wells
50/50 raffle

Feb 16th: Gary B & the Kools

playing 2-5pm in the main hall

Feb 22nd: Cornhole Tournament

Starts at 2pm in the main hall

Seafood & Fried Chicken Dinner

Every Friday night 5:30-7pm
Live Music 7:30-10:30pm \$10 cover

Karaoke

Feb 12th, 19th & 26th 7-10pm

American Legion Auxiliary Unit 5

BBQ & Country Store Fundraiser

Saturday, February 15 at Post 5, 1423 Tanner Bridge Rd.



**BBQ Serving Pork Steaks,
Chicken, and Bratwurst Dinners
10:30 am till sold out**

Curbside delivery is available (no pre-sales).
Call Debbie Alderson at 573-353-3413 to place an
order on the day of the BBQ.

Pork Steak Dinners - \$14
½ Chicken or Bratwurst Dinner - \$13
Chicken or Pork Steak Sandwich - \$10
Bratwurst Sandwich - \$9

Country Store will sell jams, salsa, pickles, relishes, craft items, decorator items, and books.

If you have something to donate, please call Dorothy Goodin at 573-353-7651. We welcome baked goods.

ROCK THE ROTUNDA RALLY

201 West Capitol Avenue Jefferson City MO 65101

March 11, 2025 8:00 am

#1. Fully Fund MVC

#3. HJR6/SJR46

#2. HB 80/HB399

Personal Property Tax

& SB300/SB316

100% Disabled

Stop Claim Sharks

#4. HJR 7

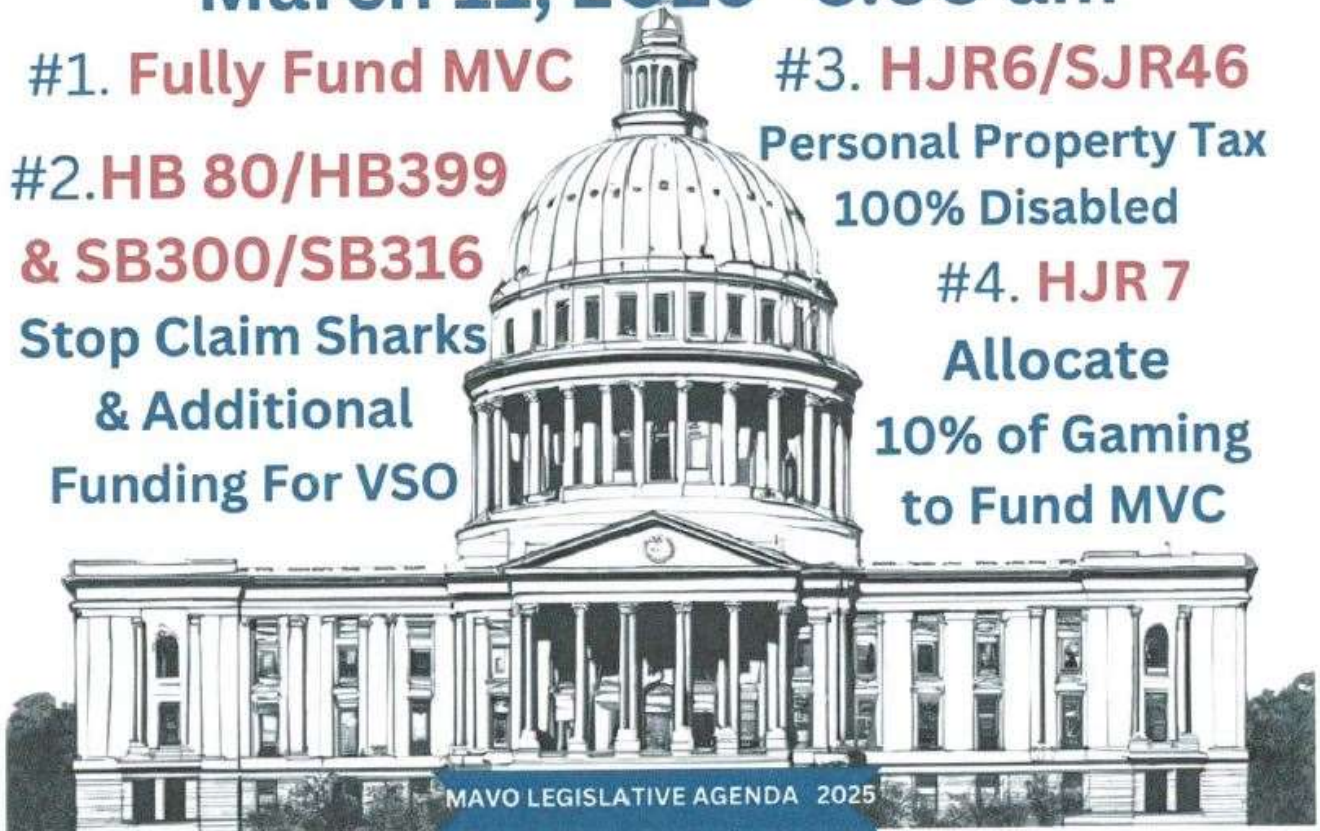
& Additional

Allocate

Funding For VSO

10% of Gaming

to Fund MVC





Free Lunch and Learn

Topic: Suicide Prevention

In 2022, Missouri's Veteran suicide rate was significantly higher than the national Veteran suicide rate.

American Legion Post 5 has partnered with the Missouri Veterans Suicide Prevention Team to provide *Question, Persuade, Refer (QPR)* suicide prevention training.

Participants will learn to:

- recognize the warning signs of suicide
- how to offer hope
- connect people to care

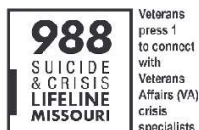
When: March 29, 2025 | 12:00-1:30pm

Where: American Legion Post 5

1423 Tanner Bridge Rd, Jefferson City, MO 65101

Lunch will be provided but seating is limited, you must register by March 24 to attend. To register, call 573-636-2311.

If you or someone you know is in crisis
call or text the 988 Suicide & Crisis Lifeline



We can all help prevent suicide

 <p>931 East High Street Jefferson City, MO 65101 573.656.8922</p>	<p>Locally Owned PRECISION SECURITY Scott Grunden PO Box 96942 Jefferson City, MO 65110 (573)690-5491</p>	<p>COMPLIMENTS OF Navy Club SHIP #5</p>	<p>CENTRAL MISSOURI Honor Flight </p>
<p>Goodin & Company Construction and Snow Removal  Neil - 573 680-1053</p>	<p>HOLTMEYER DUMP TRUCKING & HAULING, LLC 7606 Route M Jefferson City, MO 65101 (573) 838-3139 FAX (573) 395-3139 Jason Holtmeyer, Owner Email: holtmeyerdump3135@outscape.net Web: https://holtmeyerdumptrucking@yahoo.com Skid Steer & Excavator</p>		
<p>Joe Machens Capital City  Quick Lane (573) 634-4444 Machens.com</p>	<p>ELITE TURF Dustin Pohl Owner/Operator 573-418-8794 Fertilization-Weed Control-Fungicide-Insecticide</p>	<p>MCC McDaniel Concrete Company 6912 Hollas Court Jefferson City, MO 65101 ERRY MCDANIEL Owner 573/375-4074 All types of concrete: driveways, patios, sidewalks, storm sewers, etc.</p>	<p>Compliments of SONS OF THE AMERICAN LEGION Squadron #5</p>
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<p>Enjoy Coca-Cola 573-636-6165</p>	<p>POST #5 Baseball & Sports Complex</p>	<p>Central Bank 634.1111</p>	<p>ADVANCED TAX SOLUTIONS 3042 W. Truman Blvd., Suite 213 Jefferson City, MO 65109 Phone: (573) 743-4300 E-mail: tax@taxm7.com KARL ESTES OWNER Professional Tax Preparer</p>
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<p>Arts Pest Control Mike Bernskoetter, Owner 573-634-3299</p>	<p> N.H. Scheppers Distributing Co. 636-4831</p>	<p>Freeman MORQUARY 815 Madison Street, P.O. Box 95 Jefferson City, Missouri 65102 573-636-6533 Fax 573-636-7513</p>	
<p>Compliments of American Legion Auxiliary Unit 5</p>	<p>Cecile Landrum I would be honored to be your REALTOR® 573-645-0416 </p>	<p>Compliments of Sam Bushman Cole County Presiding Commissioner</p>	
<p>SCHNIEDERS BROTHERS EXCAVATING JEFFERSON CITY, MO RON SCHNIEDERS HOME: 636-7867 CELL: 654-8750 MIKE SCHNIEDERS HOME: 636-6256 CELL: 690-7929</p>	<p>FECHTEL BEVERAGE & SALES, INC.    </p>	<p> legionriderschapter5.weebly.com</p>	<p>MID AMERICA BANK midambk.com</p>
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S P O N S O R S