

## OCTOBER 2022 NEWSLETTER

Meetings: Post 5 – Third Tuesday at 6:30 PM, Auxiliary Unit 5 – Third Tuesday at 6:30 PM  
SAL Squadron 5 – First Tuesday at 7:00 PM, ALR Chapter 5 – First Thursday at 6:00 PM

### **Notes from Commander Dee Dee Cryderman:**

What does the emblem of the American Legion stand for? [www.legion.org/emblem](http://www.legion.org/emblem) was a page devoted to the subject and quotes of the complete emblem, overall, it stands for "God and Country, and the highest rights to man. Of its several parts, each has a meaning. Please take the opportunity to visit this page. It will spin your eyes to its constitutional parts. The Rays of the Sun, the Wreath, the Star, the Larger of the two outer rings, the Smaller of the two inner rings, and the words - American Legion. Volunteers are always needed in many ways, a few hours a month, means a lot to this Post, if interested please call and leave your name and phone number and what possible areas you may be interested and able to help in.

Our Post 5 Service Officer will be available by "appointment only" on the 3rd Thursday of every month for your assistance. Please call the main phone number at the American Legion, Post 5 @ 573-636-2311 to make an appointment, appointments will be made after 5:30 pm and on. Veteran emergencies call Post 5 and leave a message if not during Post 5 operating hours of business. Let's continue to support ALL Post 5 families and activities. Invite a guest, continue recruiting for the Betterment of the Legion and our families. We ALL belong to this large extended family, United in OUR efforts!

There is a Chapter of the Vietnam Veterans of America (VVA) in the Jefferson City Correctional Center (JCCC) comprised of inmates. The group raises money from canteen sales to other inmates and donates to community causes. They also conduct morning and evening colors ceremonies providing a patriotic experience daily for the other inmates. Additionally, the group provides support for each other in their shared experiences and traumas. A Volunteer in Corrections (VIC) is needed to represent the group in their meetings that occur on the 3rd Monday of each month from 6-8 pm at JCCC. Any interested volunteers can contact Vince Rost @ 757-754-1112.

Dee Dee Mehmert-Cryderman, Commander, Post 5

### **Notes from Adjutant Rick Derks:**

So far, we have 21 new and transfer members for 2023. As of September 20th, we have 774 members that have paid their dues for 2023. We have reached 63% of our 2023 membership goal and still have a long way to go to our goal of 1,240. If you have not yet renewed your membership, I encourage you to send in your dues as soon as possible to help keep Post 5 and the American Legion strong organizations. If you know a member that has not renewed, please encourage them to renew. If you know a veteran or someone still on active duty that is not a member, please encourage them to join and become a member of the Largest and Most Active Post in Missouri. The Post Officers strongly encourage members to attend monthly meetings to provide your input into how your Post operates.

**Upcoming Events: The SAL Squadron 5 Mouse Race is on October 1<sup>st</sup>. The doors open at 6:00 PM. Races start at 7:00 PM. The Past Commanders meeting will be at noon on October 5<sup>th</sup>, at the Post, lunch will be available. The Post 5 Baseball Banquet is on October 8<sup>th</sup>. Tickets are available for purchase in the Club Room. Post 5 BBQ at Schulte's on October 15<sup>th</sup>: Come on out and enjoy some of the best BBQ around. Post 5 Trunk-or-Treat on October 29<sup>th</sup>, from 11am – 2pm at the Post.**

The Missouri Veteran's Commission, **Veteran's Service Officer (VSO)** is located at 1500 Southridge Drive (Adjacent to Das Stein Haus) Suite 300. The phone number for the VSO is 573-522-4225.

Visit our website ([www.post5.com](http://www.post5.com)), for the newsletter, calendar of events, news releases and various other functions by our Post Family clubs and follow us on Facebook. Also, visit the Department of Missouri website: ([www.missourilegion.org](http://www.missourilegion.org)).

**New Members: William Smith, Richard Fisher, Leonard Steinman, Maurice Schulte, Herbert Conner.**

Please welcome them to the American Legion Post 5 Family.

**TAPS: Anthony Nigro, William Thompson, John McCasland, Louis Vetter.** Please keep his family in your prayers.

Rick Derks, Adjutant, Post 5

**Notes from Auxiliary President Debbie Cheshire:**

On Saturday, October 1<sup>st</sup>, the Auxiliary is hosting Bingo at the VA in Columbia. October 8<sup>th</sup> is the Legion Baseball Banquet. If you would like to volunteer to help with an event, please give me a call at (573) 338-0911.

Mark your calendars: Missouri Department of American Legion Fall Conference is scheduled for October 22<sup>nd</sup> and 23<sup>rd</sup> at the Capitol Plaza Hotel in Jefferson City.

Auxiliary membership dues are \$40 per year and are due September 1<sup>st</sup>. Notices will be mailed soon.

I encourage you to volunteer and get involved. We are friends and have fun while we work. Hope to see you soon at the Legion.

For God and Country, we serve.

Debbie Cheshire, President, Unit 5

**Notes from Sons of the American Legion Commander Chris Althusser:**

The Sons will be hosting our annual Mouse Race on October 1st. The doors open at 6:00 PM. Races start at 7:00 PM. Come out and have some fun. I invite all Sons members to join us at our monthly meetings which are the first Tuesday of each month. Meetings start at 7pm. Hope to see you soon at the post.

Chris Altheuser, Commander, Squadron 5

**Notes from Legion Riders Director Steve Spayde:**

I'm writing this month's newsletter on the final day of Summer, and I'm just as depressed as the rest of you in knowing that I'll have to put the bike to sleep real soon. As September comes to a close and the temps begin to drop, I just want to give a huge shout-out to everyone who stepped up and pitched in the much-needed hands to make our Chapter successful this summer. We had three successful Bike Nights. I don't have the total of all three yet, but I can tell you that at our final Bike Night at The Barnhouse, we collected \$2139.00 to add to our donation to The Fisher House. Thank you to the Bike Night committee for making that a huge success. We also had a great turnout for our annual Legacy Fund Poker Run. So many riders from other Posts and groups showed up and contributed who weren't Post 5. I was amazed at the participation. Paula and Donnie Harmon put so much time and effort into making a great ride, silent auction, and participation. Hat's off to both. They collected \$2,372.00 for next year's donation to the Legacy Scholarship Fund. Thank you, guys!! The ride was awesome! I know you all want to hear me talk about tire pressures again, so just keep a look as the temps cool down. As the temps get colder overnight the pressures in our tires are going to fluctuate a LOT. Make sure that you're not severely underinflated before you hop on and head on down the road. Some reminders for the coming weeks. It would be great if we could get as many folks as possible out to support the Sons of the American Legion to support their annual Mouse Races on October 1. If you've never been, it's really a lot of fun. On October 8 is the annual Baseball Banquet...also a fantastic time. We'd love to see you there. Finally, we're planning a Trunk-or-Treat on October 29 in the parking lot at Post 5. Members of all families will be there to represent our Post. If you can come out and help, it's sure to be a spooktacular time.....and of course, dress in your scariest Halloween costume if you'd like. If you already have prior plans, it would be great if you could drop off a bag or two of candy for the kiddos.

It's been a great summer folks. I'm so glad to have been able to get out on the roads with you all. I hope you've had as much fun as I have.

Cheers!

Steve Spayde, Director, American Legion Riders, Chapter 5

**Notes from the Business Management Committee, Committee Chair Jerry Koestner**

Your new Business Management Committee (BMC) has assembled and ready to go to work. On 9/12/22 we had our first monthly meeting with the full group. We reviewed a long list of items that needed to be addressed and decided that a suggestion box would be placed outside the Commander/Adjutant's office in the back hallway. Once in place, there should be pen and paper there for you to provide feedback to the management group. If you want an explanation or a return call/email, please provide your number or address. The BMC will also review this feedback at every meeting.

One message that I want to immediately convey is that the price changes that you have seen are not merely a 'greedy management ploy to make Post 5 a profitable enterprise.' Neither are the price increases the bar tender or bar manager's fault. Increasing prices are a result of increasing costs to run the organization because of inflationary conditions. If you want to discuss the budget, stop by and I'd be glad to show you the details. One other thing I often need to remind myself of and I see that others do too; Is to Be Kind to one another. You don't deserve to be treated disrespectfully by other members or our staff and our staff don't deserve to be treated this way either. Please be kind!

Best Regards, Vince Rost (757) 754-1112

Follow all the events and meals on the insert or the calendar in the newsletter and our Facebook site. If you have any questions, contact Club Manager Kelly Perez 573-636-2311 or post5ha@mchsi.com.