SAL Squadron 5 – First Tuesday at 7:00 PM ALR Chapter 5 – First Thursday at 6:00 PM



March 2023 NEWSLETTER

Notes from Commander Dee Dee Cryderman:

Hard to believe it's March already! Time seems to go fast. March is an important month and busy month for the Legion. "Be the One" (suicide awareness & prevention training) is coming up this month on March 25th @ 9:30 am at Post 5, and everyone is invited to attend, including the public and bring a friend. We all can do our part by learning more and save lives as well. The Legion Post 5 National Guard Committee is as follows: Myself, Leon Delong, Gary Hanks, Paul Booth, Jay Luebbert, and Steve Miller. Thanks to these Legion members for stepping up to assist in recruiting Guard members in this area, and local Guard units and their own personal military service and leadership. March 21st, 2023, (Tuesday) will be our Legion Birthday Party/Dinner instead of a monthly Post meeting. Please plan on attending, social hour will be from 5:30 to 6:30 (music provided), meal & program @ 6:30, meat and potatoes & gravy will be provided by the kitchen, everyone else is encouraged to bring a side dish, veggie, salad and or a dessert. At our last Post meeting, we had Brian Norris, PHD, Associate Professor of Political Science @ Lincoln University. Professor Norris spoke about wanting the Legion and Lincoln University to become more involved with each other in the military arena, i.e., military program, courses, and ROTC at their school. This would be a good avenue for us and them and the community to work closer together and keep each other more informed of military and veteran events held at each place. Thanks to ALL members who step up to volunteer your services and help with our Post!

"Veterans Backing Veterans" Commander Post 5, Dee Dee Cryderman

Notes from Adjutant Rick Derks:

So far, we have 52 new and transfer members for 2023. As of February 24th, we have 1,096 members that have paid their dues for 2023. We have achieved 88% of our 2023 membership goal and still have a long way to go to our goal of 1,240. If you have not yet renewed your membership, I encourage you to send in your dues as soon as possible to help keep Post 5 and the American Legion strong organizations. If you know a member that has not renewed, please encourage them to renew. If you know a veteran or someone still on active duty that is not a member, please encourage them to join and become a member of the Largest and Most Active Post in Missouri.

Our Post 5 Service Officer, Steve Spayde has announced he will be holding sessions to complete the 'Initial Contact Forms' for Veterans looking for assistance. Steve will be available monthly on the third Thursday of each month the hours will be 6 pm - 7 pm

The gun raffle for a Rock Island 45 caliber, a 1911 style pistol, is in progress, ask your friendly bartender for tickets. The raffle will be drawn at the March Post Birthday dinner so get your tickets now!

The Commander announced the members of the Nominating Committee: Chairman Jim Mead, Charlie Goodin, Gary Kempker, Don Cryderman, and James Howard. If anyone is interested in holding one of the leadership positions, please contact the Chairman - Jim Mead.

Upcoming Events: Every Friday in March, Fish Fry Lunch 11am-1pm, we will have fried fish, fries, Legion slaw, cornbread, and dessert. —- Bar-B-Que season is here, come on out for the best 'que' around, March 18th in Schulte's parking Lot beginning at 11am. March 21st, 2023, Post 5 Birthday Party and Dinner, social hour will be from 5:30 to 6:30 (music provided), meal & program @ 6:30. March 25th, "Be the One" (suicide awareness & prevention training) @ 9:30 am at Post 5. Everyone, including the public, is invited to attend.

This is new! We are making the monthly newsletter available via email. The electronic version will contain everything the paper copy contains only delivered to your email box. If you are interested in receiving the newsletter via email, send me a message to opt you in. The choices are email only or email

and paper copy. Give it a try and let me know what you think. **Send email to Post5@mchsi.com** requesting to be added to the email list.

Visit our website (www.post5.com), for the newsletter, calendar of events, news releases and various other functions by our Post Family clubs and follow us on Facebook. Also, visit the Department of Missouri website: (www.missourilegion.org).

<u>New Members:</u> Aaron Larimore, Jason Walling, Karmen Walling, Roger Heet, Brett Redel, Alexis Archer, Hollis Joslin, Larry Schwarzer, Jim Hulse. Please welcome them to the American Legion Post 5 Family.

<u>TAPS:</u> Tom Wishon, Howard Boone. Please keep their families in your prayers. Rick Derks, Adjutant, Post 5

Notes from Auxiliary President Debbie Cheshire:

Hello Auxiliary Members! Holidays are behind us and it's time to get down to work. The Auxiliary Annual BBQ & Country Store is scheduled for Saturday, February 25th at the Post. We are in need of assistance. Please give me or Debbie Alderson 573-353-3413 a call if you are able to volunteer for the day or for a couple hours. Veterans Art Festival is scheduled for April 10-17 at the St. Louis Hyatt Regency at the Arch. Volunteers are needed to assist veterans and to host the hospitality room for veterans and volunteers. If interested in helping, please give me a call. Scholarship applications are available for your high school students. Give me a call to receive copies of the applications. Connie Pack is compiling a prayer book and would like copies of your favorite prayers or sentimental stories to add to the collection. Save the dates! The State Convention is scheduled for July 13-16 in Springfield, MO. Debbie Cheshire, Auxiliary President, Unit 5, 573-338-0911

Notes from Sons of the American Legion Commander Chris Althusser:

I invite all Sons members to join us at our monthly meets which are the first Tuesday of each month. Meetings start @7 Hope to see you soon at the post. Chris Altheuser, Commander, Squadron 5 **Notes from Legion Riders Director Steve Spayde:**

The Department ALR meeting was held in Ashland on 2/18. There were new nominations made for a couple State offices. If you have a desire to be nominated for a State position, let someone on the Executive Staff know and we can nominate you at the next meeting. Also, just as a reminder, the Department meetings are open to everyone. We'd love to have a giant crowd of Chapter 5 members at the next meeting, which is July 14th, at the State Convention in Springfield, MO. Also on 2/18 was our annual Valentine's Dinner/Dance. A great time was had by all who attended. The winner of our winter fundraiser cooler was Mr. Jerry Petershagen. Jerry bought his ticket at the Navy Club Chili Cookoff the weekend prior. March is quickly approaching, and the weather is starting to tease us with the occasional warm days. If you get out and ride, please do so safely, and dress in layers as the temps can swing quite drastically in just a couple hours during this time of the year.

Steve Spayde, Director, American Legion Riders, Chapter 5

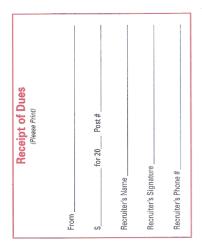
Notes from the Business Management Committee, Committee Chair Vince Rost

Our business finances continue to be in good order. From the BMC to the volunteers and staff that make our organization successful, many thanks are given. Without your efforts at barbecues, cook nights, and Club 5 drawings, we could not exist. We are reminded that our membership is our life blood. If you have suggestions or concerns, please don't remain silent. . . The suggestion box outside the Adjutant's office goes mostly unused. Please provide us with feedback even if it's positive so we know how we are doing. Yours in service, Vince Rost, BMC Chairman 757-754-1112

Follow all the events and meals on the insert or the calendar in the newsletter and our Facebook site. If you have any questions, contact Club Manager Kelly Perez 573-636-2311 or post5ha@mchsi.com.

2023 Membership Renewal \$45

The American Legion Membership Application							
(Name	(Phone)						
(Mai	(Date)						
(City)	(State)	(Zip)	(Post #)				
(Membership ID	(Dues)						
Please check appropriate eligit		.S. Governmen	t STORY				
I certify that I served at least o above and was honorably dische			e dates marked				
30-009 Signature of applicant Nam		Name of re	e of recruiter				



If you have not renewed your 2023 membership, please complete the form, bring it to the Post or mail with \$45 (our annual dues) to American Legion Post 5, 1423 Tanner Bridge Rd, Jefferson City, MO 65101

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Club open 1-10pm Wing Night 5-7 Happy Hour 4:30-6:30 Karaoke 7-10	Club open 1-10pm ALR meeting 6pm Happy Hour 5:30-7:30	3 Fish Fry Lunch 11am - 1pm Seafood & Fried Chicken Dinner 5:30 - 7:30 Gary B & the Kools	Club open 1-10pm \$2 off Buckets
Club open 1- 8pm All day happy hour	6 Club open 1-10pm Club 5 drawing 7pm Happy Hour 5:30-7:30	7 Club open 1- 10pm SAL meeting 7pm Happy Hour 5:30- 7:30	8 Club open 1-10pm Wing Night 5-7 Happy Hour 4:30-6:30 Karaoke 7-10	9 Club open 1- 10pm 40/8 meeting Happy Hour 5:30-7:30	10 Fish Fry Lunch 11am - 1pm Seafood & Fried Chicken Dinner 5:30- 7:30 Tom Whittle	Club open 1-10pm \$2 off Buckets
Club open 1- 8pm All day happy hour	13 Club open 1-10pm Club 5 drawing 7pm Happy Hour 5:30-7:30	14 Club open 1-10pm Exec Meeting Happy Hour 5:30-7:30 Tenderloin Dinner 5-7	15 Club open 1-10pm Wing Night 5-7 Happy Hour 4:30-6:30 Karaoke 7-10	Club open 1- 10pm Happy Hour 5:30- 7:30	17 Fish Fry Lunch 11am - 1pm Seafood & Fried Chicken Dinner 5:30- 7:30 Double Trouble	Club open 1-10pm Legion BBQ 11am Schulte's Lot
Club open 1-8pm Shuffleboard 1pm Gary B & the Kools 2-5	20 Club open 1-10pm Club 5 drawing 7pm Happy Hour 5:30-7:30	21 Club open 1-10pm Post/AUX meetings 6:30 Happy Hour 5:30-7:30	22 Club open 1- 10pm Wing Night 5- 7 Happy Hour 4:30- 6:30 Karaoke 7- 10	Club open 1- 10pm Navy Club Happy Hour 5:30- 7:30	24 Fish Fry Lunch 11am - 1pm Seafood & Fried Chicken Dinner 5:30- 7:30 Silver Wings	Club open 1-10pm \$2 off Buckets
26 Club open 1-8pm All day happy hour	27 Club open 1-10pm Club 5 drawing 7pm	28 Club open 1- 10pm Happy Hour 5:30- 7:30 Country Ham Dinner 5- 7	29 Club open 1-10pm Wing Night 5-7 Happy Hour 4:30-6:30	30 Club open 1- 10pm Happy Hour 5:30- 7:30	31 Fish Fry Lunch 11am - 1pm Seafood & Fried Chicken Dinner 5:30- 7:30 Gary B & the Kools	

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Fish Fry Lunches

Every Friday 11am- 1pm Fried fish, Fries, Cornbread, Legion slaw and dessert \$13

Pork Tenderloin Dinner 3/14

\$erved 5-7pm \$15 Adults \$6 Children \$12 Sandwich

Legion BBQ 3/18

11am in Schulte's Parking Lot Pork Steak or Rib Dinner \$14 1/2 Chicken Dinner \$13 Brat Dinner \$12 Slab of Ribs \$24

Country Ham Dinner 3/28

Served 5-7pm \$15 Adults \$6 Children

Wing Night

Every Wednesday 5-7pm Happy Hour 4:30- 6:30





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